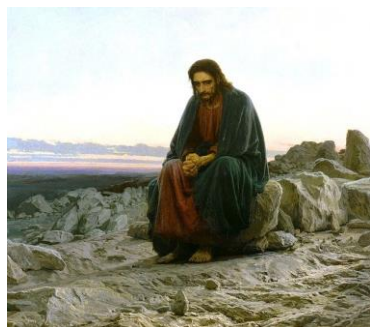


# CHRIST THE KING, CHINGFORD WEEKLY NEWSLETTER SUNDAY 21<sup>st</sup> FEBRUARY 2021



## FIRST SUNDAY OF LENT (B)

**Mark: 1:12-15 Bible Alive Lent '21.** "The Spirit led Jesus into the desert for forty days to be tempted and tested. During Lent we too are led by the Spirit into the mystery of Jesus' time in the desert. 'By the solemn forty days of Lent the Church unites herself each year to the mystery of Jesus in the desert' (Catechism of the Catholic Church 540). We too, during this holy season, can expect to be tempted and tested. *'In these days, therefore, let us add something beyond the wonted measure of our service, such as private prayers and abstinence in food and drink. Let each one, over and above the measure prescribed for him, offer God something of his own free will in the joy of the Holy Spirit.'* (St Benedict)

### Mass Live Streamed Today Sunday 21<sup>st</sup> February 2021 at 11.00am

Go to <https://www.youtube.com/channel/UCkUuGmR9iHqpKwbaPI0gbnA/featured>  
PLs see the **Order of Mass** - downloaded from the website [www.chingfordctk.co.uk](http://www.chingfordctk.co.uk) See also **Act of Spiritual Communion** said after the priest has received Holy Communion.

### Please remember the following, whose anniversaries occur around this time:

Martin Hayes, Joseph Morris, Thomas O'Connor, Archibald O'Brien, Leo Mason, William McPhie, Mrs Dempsey, Margaret Kelly, Saviremutau Mariathas, Annie Antcliffe, Lilian Howes, Catherine Kato, Thomas Maher, Mary Harlock, Doreen S Fernandez, Marie Dunkley, Michael Mcloughlin, Paul Frederick Connor, Joseph Harris, Albert Shaves, Kathleen Ellen Mitchell.

### Please pray for our sick and housebound parishioners and friends, including:

Agnes, Ruth H, Veronica M, Cenora D, Hugo A, Wendy & Eddie G, Fiona F, Maureen E, Gertrude O, Katie E, Ann C, Francine B, Theresa S, George M, Natalie C, Jim C, Brian O'D, Eileen A, Mary L, Pierette.

### Liturgical Calendar This Week

Monday 22 <sup>nd</sup> <b>The Chair of St Peter</b>	Friday 26 <sup>th</sup> <b>Lent Fast Day</b>
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### Pope's Monthly Prayer Intentions: February

Violence against women. We pray for women who are victims of violence, that they may be protected by society and have their sufferings considered and heeded.  
<https://rcdow.org.uk/news/popes-prayer-intention-for-february-for-women-who-are-victims-of-violence/>

**Blessing:** "Lord God, we are blessed by our return to your intention for your creation. Lord God, we seek the blessing of walking with your Son through these days of grace. Lord God, we are blessed by the companionship of your Spirit as Jesus was in his time of fasting and prayer."  
(From Walk with Me Lent 2021)

**COVID-19 Update**  
**PLs continue to act with caution & diligence, observing the protocols in place at Christ the King.**

- Wear a face mask
- Sanitise your hands
- Observe appropriate social distancing
- Follow the instructions of the Steward
- Scan the QR code with your NHS Covid-19 App to check-in
- Do not gather outside the Church

**Latest LB Waltham Forest webinar on Covid took place on 18 Feb** you don't need a Facebook profile to **watch the VIDEO**  
<https://www.facebook.com/events/419320539348513/>

**Due to the impact of Covid more than 5.5 million people are claiming Universal Credit** – here is a **GUIDE** to help you navigate claiming Universal Credit  
<https://www.jobcentrlearme.com/universal-credit/>

**Europe's Bishops to Pray for the victims of the Covid-19 Pandemic** - Cardinal Vincent Nichols will celebrate a special livestreamed Mass on Tues 2 Mar at 5.30pm.  
<https://www.cbcew.org.uk/europes-bishops-to-pray-for-victims-of-the-covid-19-pandemic/>

**'Learning from Covid: church, state & a better future'** Study day Sat 6<sup>th</sup> Mar 11am Sr Gemma Simmonds CJ  
[www.whatgoodnews.org](http://www.whatgoodnews.org)

## Care for Creation

In his encyclical '*Laudato Si'* the Pope calls for environmentally sustainable communities across the world, an 'ecological conversion.' So that the "effects of encounter with Jesus Christ become evident in our relationship with the world around us." Recently a two-year pilot project called "Guardians of Creation" was launched by the Bishop of Salford John Arnold who is leading Catholic efforts to go carbon neutral in dioceses in England and Wales, involving parishioners and communities. See more <https://www.dioceseofbrentwood.net/news/bishop-john-arnold-spearheads-catholic-efforts-go-carbon-neutral/> The Global Healing series that started on 18<sup>th</sup> February and continues during Lent, discusses the Catholic response to climate change. **Great opportunity to get involved now.** To register email [jane@catholicclimatemovement.global](mailto:jane@catholicclimatemovement.global)

**CRITICAL state of parish finances** – We have a significant gap in our finances & the overdraft grows. PLs consider the following options & be as generous as possible.

- 1. Online banking** - you can make a payment directly into the parish bank account:  
**Account Name:** Christ the King Church **Sort Code:** 40-13-22 **Account Number:** 71019120  
PLs put your surname and initial as the reference with your Gift Aid number if applicable. If you do not pay tax you can still set-up a standing order and pay by online methods.
- 2. Diocesan website:** [www.dioceseofbrentwood.net/donations/?parish=chingford-2-b](http://www.dioceseofbrentwood.net/donations/?parish=chingford-2-b)
- 3. Send a cheque** payable to Christ the King Church with your Gift Aid number on the back
- 4. Join the Gift Aid Scheme** [www.chingfordctk.co.uk/donate/](http://www.chingfordctk.co.uk/donate/)
- 5. Increase the amount** of your bank standing order.
- 6. Cash and/or Gift Aid envelopes** if you attend Mass at the weekend, or post through Parish Office letterbox.
- 7. Mass Intentions are said by Fr David** either in public or private celebration of the Mass. **Your donation goes towards running costs of the parish. Email us if you any questions.**

## Programme 20<sup>th</sup> – 28<sup>th</sup> February - PLs check the website for unplanned changes

Date	Time	Activity	Access	Offerings/Notes
Sat 20	6.00pm	Mass	Public worship	<b>Maria Colbert RIP</b>
Sun 21	9.00am	Mass	Public worship	<b>Veronica McDermott-Malone RIP</b>
	11.00am	Mass	Public worship & live streamed	<b>People of the Parish</b>
Tues 23	11.30am	Private Prayer	Church is open	
	7.30pm	Mass (Divine Worship)	Live streamed only	
Weds 24	3.00pm	Private Prayer	Church is open	
	7.30pm	<b>Stations of the Cross</b> – reflections on the Stations will be live streamed & remain on the channel so you can make this devotion at a different day/time		<b>Download the Prayers:</b> <a href="https://chingfordctk.co.uk/wp-content/uploads/2021/02/Stations.pdf">https://chingfordctk.co.uk/wp-content/uploads/2021/02/Stations.pdf</a>
Thurs 25	11.30am	Mass, Adoration & Benediction	Public worship & live streamed	<b>Christopher Redmond RIP</b>
Sat 27	6.00pm	Vigil Mass	Public worship	<b>Brigid Lynch RIP</b>
Sun 28	9.00am	Mass	Public worship	<b>Daniel Dunne RIP</b>
	11.00am	Mass	Public worship & live streamed	<b>People of the Parish</b>

## Lenten Talks

Weds 17 Feb-24 Mar 7pm-8.30pm (Six Sessions)	Bible Studies on each Lenten Sunday Gospel BEFORE you go to Sunday Mass you can still <b>REGISTER</b> <a href="http://www.comeandsee.org/lent">www.comeandsee.org/lent</a>
Thurs 18 Feb-25 Mar 7.30-8.30pm (Six Sessions)	Global Healing – series of inspirational speakers, prayer & discussion <b>Email</b> <a href="mailto:jane@catholicclimatemovement.global">jane@catholicclimatemovement.global</a>

## FIRST SUNDAY OF LENT

**DID YOU KNOW?** You will find lots of resources – retreats, courses, daily reflections etc., for your Lenten journey on the website. [www.chingfordctk.co.uk/lent-resources-2021/](http://www.chingfordctk.co.uk/lent-resources-2021/)

**Lenten Bible Studies on Weds at 7pm** – on the Gospel you will hear at Sunday Mass – experience Mass in a deeper way! **Here is the Video Recording for today's Gospel.** <https://youtu.be/qqQVqELedpk>

**Lent Fast Day 26 Feb CAFOD Appeal**  
<https://cafod.org.uk/Fundraise/Family-Fast-Day>

**Portal Podcast – new Podcast is uploaded on Saturday eves.**  
[www.portalmag.co.uk/](http://www.portalmag.co.uk/)

**BCYS says "Give" instead of "Give Up" this Lent:**  
● **Sponsored Sleepout on 26 March** helping local homeless charities.  
<https://bcys.net/events/sleepout2021/>

● **Stay siLent with Million Minutes** helping more young people fulfil their potential.  
<https://bcys.net/million-minutes-silent-with-the-bcys/>

● **CAFOD's Walk for Water** – complete 10,000 steps a day every day during Lent.  
[www.cafod.org.uk](http://www.cafod.org.uk)

Messages left on 020 8527 3087 will only be picked up periodically. If **urgent** call 020 8527 4519. Otherwise the best way to make contact is to email: [chingfordctk@dioceseofbrentwood.org](mailto:chingfordctk@dioceseofbrentwood.org) PLs visit the website [www.chingfordctk.co.uk](http://www.chingfordctk.co.uk)