



BRENTWOOD REGIA RETREAT, *Saturday 6th AUGUST 2022*

**Christ the King,
455 Chingford Road, Chingford, London E4 8SP**

PROGRAMME FOR THE DAY:

10.00am. Mass with the Parish.

Followed by the Legion opening prayers with Holy Rosary.
Tea / Coffee in the Hall after Mass.

11.45am. The Catena.

Followed by the first talk in the Hall by Rev. Fr. David
Waller.

12,45pm. Break for a Buffet Lunch (a shared table)

2.15pm. 2nd talk by Rev. Fr. David Waller in the Church.

3.00pm. Exposition of the Blessed Sacrament
(quiet time with a chance for confessions).

*followed by Benediction and the Legion of Mary concluding
prayers.*