



# Catholic Church of CHRIST THE KING

*a Parish in the Diocese of Brentwood in the Pastoral  
Care of the Ordinariate of Our Lady of Walsingham*



**3<sup>rd</sup> & 4<sup>th</sup> SUNDAY OF ORDINARY TIME – YEAR A**  
**(3<sup>rd</sup> SUNDAY AFTER EPIPHANY & SEPTUAGESIMA)**  
**25<sup>th</sup> January & 1<sup>st</sup> February 2026**



As the joyful season of Christmas draws to a close at Candlemas on 2nd February, the Church gently turns our gaze toward Lent. Traditionally, the three Sundays before Lent are known as **Septuagesima, Sexagesima, and Quinquagesima**. These Sundays invite us not into penance all at once, but into a gradual preparation of heart and mind. They help us slow our pace, reflect more deeply, and ready ourselves for the sacred season of fasting and prayer, so that we may walk with Christ through the temptations of the desert and onward to witness the Cross of Calvary.

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**Please pray for those who are sick or housebound, especially:**

Agnes, Veronica M, Cenora D, Hugo A, Wendy & Eddie G, Fiona F, Katie E, Ann C, Jim C, Brian O'D, Mary L, Pierette, Clarita J, Cathy J, Esther M, Patrick F, Maria T, Tina B, Jeanita S, Vic & Esther, Rickardo O, Michael M, Victoria C, Ken R, Alfie L, Raul R.

**Please pray for the repose of the souls of those whose anniversaries are at this time:**

Teresa Cadman, Arthur Doyle, Wilfred Trutwein, Sidney Monte, Marie-Claire Ducasse, Nancy Saunders, James Hayes, Aidan Brady, Philomena Fanning, Dorothy Gomes, Elizabeth Heron, Alfred Webb, Florence Jarvis, Mr Spinks, John King, Kevin Smyth, William Woolnough, Frederick Payne, Mary D'Costa, Margaret Waldren, Lilian John, Margaret Kelly, Ada Newline, Jim Shaw, Richard Penfold, George Shaw, Michael Shealy, Albert Barber, John Mendis, Keith Gallagher, Margaret O'Byrne, Cath Shannon, James McQuarrie, Paul Almond, Bernadette Odura, Robert O'Carroll, Anne Kelly.

### **Evensong and Benediction**

There will be Evensong and Benediction at 6pm on Sunday 1<sup>st</sup> February. This will be the start of the Celebration of Candlemas.



### **First Holy Communion Preparation**

Classes continue 5.30pm Thursdays – last one is on 29<sup>th</sup> January.

### **First Holy Communion will be at the 11am Mass on 1<sup>st</sup> February**

During this time, please pray for the candidates and their families.

### **Christmas Crib**

The Christmas/ Epiphany season ends on Candlemas, 2<sup>nd</sup> February. The crib in the Church will remain until then and the Tree of Angels. Any donations left at the crib will be sent to the BCCS.

**Candlemas** – Mass is at 9.30am on 2<sup>nd</sup> February.

**Christmas stamps** – please bring in your used stamps - small box in porch.

### **The Orphanage in Congo**

The next coffee morning is on **Sunday 8<sup>th</sup> February** after the 9 and 11am Mass in the hall. There will be a table of ‘unwanted gifts’ on sale –

if you wish to donate new gifts for the sale there is a **box in the porch**.

### **For the male members of our community**

A polite reminder, please remove your hat on entering the church.

### **Food Hub in Highams Park**

Please continue to bring in nonperishable food for those in need. Basket is in the porch. Thank you!

### **Repository**

Religious cards and items are on sale in the porch includes **FHC cards** etc. books. Pay by cash or contactless.

### **Mass Intentions**

To offer a Mass please fill in an envelope from the porch – cards can be purchased at the Repository.

### **Second Collections**

**Racial Justice 1<sup>st</sup> February**  
**Lourdes Sick & Helpers Pilgrimage Fund 8<sup>th</sup> February.**

### **Lent**

Ash Wednesday is on **18<sup>th</sup> February**  
Mass is at 10am and 7.30pm. A course during Lent will be held one evening a week from 26<sup>th</sup> February – for 5 weeks. Time to be confirmed.

### **Mass on Fridays at 9.30am from 13<sup>th</sup> February**

Instead of Mass on Mondays (so no Mass on 9<sup>th</sup> February). This is planned to be a permanent change. If you have any questions, please speak to Fr. Timothy.

### **Benedict XVI Annual Lecture**

On Saturday 7<sup>th</sup> March, 1pm,  
Fr Aidan Nichols OP, the noted  
theologian and author, will give the  
next Benedict XVI lecture, organised  
by the Friends of the Ordinariate,  
at the church of Our Lady of the  
Assumption, Warwick Street, W1B  
5LZ. His topic will be: "Benedict  
XVI and the Conversion of England".

### **Diocesan Pilgrimages 2026**

Walsingham: 23 May 2026  
Knock & Co. Mayo: 15-20 June 2026  
Bradwell: 4 July 2026  
Lourdes: 17-24 July 2026

### **Pope's prayer intention February**

**For children with incurable diseases.** Let us pray that children  
suffering from incurable diseases and  
their families receive the necessary  
medical care and support, never  
losing strength and hope.

### **Relationship Counselling**

[www.marriagecare.org.uk](http://www.marriagecare.org.uk)

### **St John Bosco Children's Camp**

Amazing volunteer opportunity for  
this summer. If you are in school year  
12 or student age (or any age over  
17!) you are very welcome to apply  
at [www.boscocamp.co.uk](http://www.boscocamp.co.uk)

### **Active Ageing Club and Welfare Advice Service - Irish Community**

Regular welfare advice drop-in  
session and a weekly lunch club at  
Tottenham Hale [www.biasbrent.co.uk](http://www.biasbrent.co.uk)

**Blue National Gallery bag** found in  
porch – please contact Parish Office.

### **CAFOD Talk on 14<sup>th</sup> February**

10.45-1pm **Ukraine & Lent Fast  
Day Appeal** - The Beckett Centre  
St Thomas of Canterbury Church

### **Altar Server Training Sat 14<sup>th</sup> February at 10.30am in the hall**

For those who have made their FHC  
[chingfordctk@brcdt.org](mailto:chingfordctk@brcdt.org)

### **Attempted Break-in 18/19<sup>th</sup>**

### **February to the Parish Office**

The cost of damage is to be met from  
Church funds. It is possible to make  
a donation for parish maintenance  
Contactless, by card or online. T.Y.

### **Parish Finances**

Please donate or commit to regular  
giving by setting up a Standing Order  
via online banking or contact the  
Parish Office on 020 8527 3087.

**Payee: Christ the King Church**

**Sort code: 40-13-22**

**Account No:**

**71019120**

You can now **Gift  
Aid your digital  
donations.** You  
will need to register  
on the Contactless

card device or online, even if you are  
already a Parish Gift Aider, but only  
once. You can also donate remotely  
by scanning the above QR Code or  
using the following link:

[https://donate.mydona.com/christ-  
the-king-chingford](https://donate.mydona.com/christ-the-king-chingford)



## Mass Times and Intentions

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|---|------------------------|--|
| <b>Sat 24<sup>th</sup> Jan</b>  | 6pm (vigil)            | Valerie Bunn - Intentions  |
| <b>Sun 25<sup>th</sup> Jan</b><br><i>3<sup>rd</sup> Sunday of Ordinary Time</i> | 9am<br>11am            | People of the Parish<br>Candidates for First Holy Communion  |
| <b>Mon 26<sup>th</sup> Jan</b><br><i>Ss Timothy &amp; Titus</i>                 | No Service             |  |
| <b>Tues 27<sup>th</sup> Jan</b>   | 7:30pm                 | Personal Ordinariate of Our Lady of Walsingham   |
| <b>Wed 28<sup>th</sup> Jan</b><br><i>St Thomas Aquinas</i>                      | 9:30am                 | At Convent – For Christian Education   |
| <b>Thu 29<sup>th</sup> Jan</b>  | 11:30am                | No Adoration   |
| <b>Sat 31<sup>st</sup> Jan</b>  | 6pm (vigil)            | Allen Hall – Staff & Seminarians   |
| <b>Sun 1<sup>st</sup> Feb</b><br><i>4<sup>th</sup> Sunday of Ordinary Time</i>  | 9am<br>11am<br>6pm     | People of the Parish<br>Vocation to Holy Orders & Religious life<br>Evensong and Benediction – Candlemas |
| <b>Mon 2<sup>nd</sup> Feb</b><br><i>Candlemas</i>                               | 9:30am<br><i>Feast</i> | For Margaret Laws' Intentions  |
| <b>Tues 3<sup>rd</sup> Feb</b><br><i>St Anne Line</i>                           | 7:30pm                 | Personal Ordinariate of Our Lady of Walsingham   |
| <b>Wed 4<sup>th</sup> Feb</b>   | 10:30am                | Mass at Parkview 212 Chingford Mount Rd E4   |
| <b>Thu 5<sup>th</sup> Feb</b><br><i>St Agatha</i>                               | 11:30am                | Families and Children  |
| <b>Sat 7<sup>th</sup> Feb</b>   | 6pm (vigil)            | Jacinta's Thanksgiving to the Immaculate Heart of Mary<br>Osita Okapu's Family Intentions                |
| <b>Sun 8<sup>th</sup> Feb</b><br><i>5<sup>th</sup> Sunday of Ordinary Time</i>  | 9am<br>11am            | People of the Parish<br>Private Intention  |

**Adoration** Sunday 8:20-8:45, 10:20-10:45, normally Thursday after Mass.

**Confessions** Tuesday 7:00-7:25pm & Thursday 11:00-11:25am or by appointment with Fr Timothy.

**Rosary** Thursday 11am.

**Livestream Link** [Christ the King Chingford](#) - YouTube.

**Mass Readings** can be found at <https://universalis.com/mass.htm>

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| <b><u>Parish Priest</u></b><br><b>Fr Timothy Ezat (Ord)</b><br>455 Chingford Road<br>Tel: 020 3795 8409 (Emergencies)   | <b><u>Convent</u></b><br><b>Oblates of The Assumption</b><br>20 Higham Station Avenue  |
| <b><u>Parish Office</u></b><br>(Open Mondays and Thursdays 10am – 2pm)<br>Tel: 020 8527 3087<br>Email: <a href="mailto:chingfordctk@brcdt.org">chingfordctk@brcdt.org</a> | <b><u>Parish Website</u></b><br><a href="http://www.chingfordctk.org.uk">www.chingfordctk.org.uk</a><br><a href="http://www.donate.mydona.com/christ-the-king-chingford">www.donate.mydona.com/christ-the-king-chingford</a> |