



# Catholic Church of CHRIST THE KING

*a Parish in the Diocese of Brentwood in the Pastoral  
Care of the Ordinariate of Our Lady of Walsingham*



**5<sup>th</sup> & 6<sup>th</sup> SUNDAY OF ORDINARY TIME – YEAR A  
(SEXAGESIMA & QUINQUAGESIMA)  
8<sup>th</sup> & 15<sup>th</sup> February 2026**



Our Lord calls the disciple to “sit down first and count the cost” (Lk 14). In the Sundays of **Sexagesima** and **Quinquagesima**, we are reminded that the sacred season of Lent is close at hand. Lent gives us the opportunity for a focused set of practices—fasting, the Stations of the Cross, penitential prayer, works of charity, and a deeper engagement with Sacred Scripture. This countdown ensures that we approach Lent not unawares, but with readiness, disposed to enter more deeply into the mystery of our Lord.

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**Please pray for those who are sick or housebound, especially:**

Agnes, Veronica M, Cenora D, Hugo A, Wendy & Eddie G, Fiona F, Katie E, Ann C, Jim C, Brian O'D, Mary L, Pierette, Clarita J, Cathy J, Esther M, Patrick F, Maria T, Tina B, Jeanita S, Vic & Esther, Rickardo O, Michael M, Victoria C, Ken R, Alfie L, Raul R, Rowey P.

**Please pray for the repose of the souls of those whose anniversaries are at this time:**

William Murray, Shalina Sahai, Bernard Boyle, Edward Shipsey, Henry Fletcher, Alice King, Cecilia Weaver, Margaret Hurley, John Cuthbert, Patrick Croke, Josephine Costello, Margaret Cheshire, Joseph Power, Arthur Birnie, Natalie Giovanni, Charles Snell, Agnes Jones, Thomas McDonagh, Winifred King, Anne Robins, Marie Francis, Bernard Mullan, Shelia Ryan, Johanna Ryner, Mrs Elloy, William McGann, Leonard Jones, Lucie Reynolds, Dorothy Clark, William Cutmore, Eileen Kirkwood, Barbara Baffoe-Djan, John Stephens, Martin Hayes, Joseph Morris, Thomas O'Connor, Archibald O'Brien, Leo Mason, William McPhie.

### **Rest in Peace**

We pray for the soul of Sr Maria Goretti O'Brien, who died peacefully in her sleep on 2 February. Please keep the Sisters in your prayers. Funeral arrangements to be advised.

### **The Holy Lenten Season**

Ash Wednesday is on **18 February** - Mass at 10am & 7.30pm. '**Walk with me**' booklets on sale next weekend.

### **Lent Course**

A course during Lent will be held one evening a week from 26 February at 7pm in the Parish Hall – for 5 weeks.  
*Please sign up in the porch.*

### **Mass on Fridays at 9.30am from 20<sup>th</sup> February**

Instead of Mass on Mondays (so no Mass on 16<sup>th</sup> February). This is planned to be a permanent change. Any questions, please speak to Father

### **Evensong and Benediction**

Is held on 1<sup>st</sup> Sunday of each month. The next one is on 1 March at 6pm.

### **The Orphanage in Congo**

The next coffee morning is on **Sunday 8 February** after 9 and 11am Mass in the hall, with a table of 'unwanted gifts' on sale pay by cash or card.

### **Legion of Mary at CTK**

Seeks new members – talk after 11am Mass coffee morning in hall.

### **Curious about the Camino?**

Walkers who would like to reminisce

or those who want to walk - Talk at St Edward the Confessor Church, Romford on **Friday 13<sup>th</sup> Feb 7-8pm.**

### **Baptism**

Welcome to **Reu Alana** who is to be baptised on 8 February. Congratulations to her parents.

### **First Holy Communion**

14 candidates received First Communion on Sunday 1 February. Thank you to all those who helped make this a great success.

### **Second Collections**

Lourdes Sick & Helpers Pilgrimage Fund **8 February.**

Lent Fast day – Fri 28 February – 2<sup>nd</sup> collection on **1 March.**

### **Altar Server Training**

Sat 14 Feb at 10.30am in the hall. Please register your interest email: [chingfordctk@brcdt.org](mailto:chingfordctk@brcdt.org)

**Lost Property** – please contact the Parish Office. **Bracelet** found in the Porch on 1 Feb after FHC Mass, blue National Gallery **bag** previously left.

### **Repository – Our Little Holy Shop**

Religious cards and items on sale in the porch please pay by cash or card.

### **Mass Intentions**

To offer a Mass please fill in an envelope from the porch – Mass cards are on sale at the Repository.

### **For the male members of our community**

A polite reminder, please remove your hat on entering the church.

### **Food Hub in Highams Park**

Please continue to bring in nonperishable food for those in need. Basket is in the porch. Thank you!

### **Pope's Prayer intention February For children with incurable diseases.**

*Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.*

### **National Marriage Week 7– 14 Feb**

This Novena focuses on the Bible texts for the Sunday readings during National Marriage Week 2026 with an accompanying daily petition.

<https://www.cbcew.org.uk/marriage-week-novena-26/>

### **Retrouvaille**

Helps couples find hope and healing for their marriage. Next date: Thu 12 Feb. [www.retrouvaille.org.uk](http://www.retrouvaille.org.uk)  
Tel: 07887 296983

### **Relationship Counselling**

[www.marriagecare.org.uk](http://www.marriagecare.org.uk)

### **CAFOD Talk on 14 Feb**

10.45-1pm  
**Ukraine & Lent Fast Day Appeal** -  
The Beckett Centre, St Thomas of Canterbury Church, Woodford.

### **Benedict XVI Annual Lecture**

On **Sat 7 March, 1pm**, Fr Aidan Nichols OP, the noted theologian and author, will give the next Benedict XVI lecture, organised by the Friends of the Ordinariate, at the church of Our Lady of the Assumption, Warwick Street, W1B

5LZ. His topic will be: "Benedict XVI and the Conversion of England".

**Mass Readings** can be found at <https://universalis.com/mass.htm>

### **Diocesan Pilgrimages 2026**

Walsingham: 23 May 2026  
Knock & Co. Mayo: 15-20 June 2026  
Bradwell: 4 July 2026  
Lourdes: 17-24 July 2026

### **St John Bosco Children's Camp**

Amazing volunteer opportunity for this summer. If you are in school year 12 or student age (or any age over 17!) you are very welcome to apply at [www.boscocamp.co.uk](http://www.boscocamp.co.uk)

### **Active Ageing Club and Welfare Advice Service - Irish Community**

Regular welfare advice drop-in session and a weekly lunch club at Tottenham Hale [www.biasbrent.co.uk](http://www.biasbrent.co.uk)

### **Parish Finances**

Please set up a **Standing Order** via online banking or contact the Parish Office. **Payee: Christ the King Church, Sort code: 40-13-22 Account No: 71019120**

You can now **Gift Aid your digital donations**. You will need to register on the Contactless card device, even if you are already a Parish Gift Aider, but you only need to do this once.



You can scan this **QR Code** or donate online clicking the **Donate button** on the website below:

[www.chingfordctk@brcdt.org](http://www.chingfordctk@brcdt.org)

## Mass Times and Intentions

<b>Sat 7<sup>th</sup> Feb</b>	6pm (vigil)	Jacinta's Thanksgiving to the Immaculate Heart of Mary Osita Okapu's Family Intentions
<b>Sun 8<sup>th</sup> Feb</b> <i>5<sup>th</sup> Sun of Ordinary Time</i>	9am 11am	People of the Parish Private Intention
<b>Mon 9<sup>th</sup> Feb</b>	-	No Mass
<b>Tues 10<sup>th</sup> Feb</b> <i>St Scholastica</i>	-	No Mass
<b>Wed 11<sup>th</sup> Feb</b> <i>Our Lady of Lourdes</i>	-	No Mass
<b>Thu 12<sup>th</sup> Feb</b>	-	No Mass
<b>Fri 13<sup>th</sup> Feb</b>	-	No Mass
<b>Sat 14<sup>th</sup> Feb</b>	6pm (vigil)	People of the Parish
<b>Sun 15<sup>th</sup> Feb</b> <i>6<sup>th</sup> Sun of Ordinary Time</i>	9am 11am	Mary-Ann's Thanksgiving Intentions Fr Neil and the Ordinariate in Eastbourne
<b>Mon 16<sup>th</sup> Feb</b>	-	No Mass
<b>Tues 17<sup>th</sup> Feb</b>	7:30pm	For Fr Alex and St John Payne Parish, Colchester
<b>Wed 18<sup>th</sup> Feb</b> <i>Ash Wednesday</i> <b>Confessions from 9.20-9.50am &amp; 6.50-7.20pm</b>	10am 7:30pm	Sr Maria Goretti O'Brien <i>RIP</i> People of the Parish
<b>Thu 19<sup>th</sup> Feb</b>	11:30am	Fr Frances Our Lady of Grace & St Teresa of Avila, Chingford
<b>Fri 20<sup>th</sup> Feb</b>	9:30am	For parish volunteers
<b>Sat 21<sup>st</sup> Feb</b>	6pm (vigil)	People of the Parish
<b>Sun 22<sup>nd</sup> Feb</b> <i>1<sup>st</sup> Sunday of Lent</i>	9am 11am	Thanksgiving for Victor Emmanuel & family Joan, Susan and Ellen's Intentions

**Adoration** Sunday 8:20-8:45, 10:20-10:45, Thursday after Mass.

**Confessions** Normally Tuesday 7:00-7:25pm & Thursday 11:00-11:25am or by appointment with Fr Timothy.

**Rosary** Thursday 11am. **Livestream** [Christ the King Chingford](#) - YouTube.

<b>Parish Priest</b> <b>Fr Timothy Ezat (Ord)</b> 455 Chingford Road Tel: 020 3795 8409 (Emergencies)	<b>Convent</b> <b>Oblates of The Assumption</b> 20 Higham Station Avenue E4
<b>Parish Office</b> (Open Mondays and Thursdays 10am – 2pm) Tel: 020 8527 3087 Email: <a href="mailto:chingfordctk@brcdt.org">chingfordctk@brcdt.org</a>	<b>Parish Website</b> <a href="http://www.chingfordctk.org.uk">www.chingfordctk.org.uk</a> <a href="https://donate.mydona.com/christ-the-king-chingford">https://donate.mydona.com/christ-the-king-chingford</a>