



Catholic Church of CHRIST THE KING

*a Parish in the Diocese of Brentwood in the Pastoral
Care of the Ordinariate of Our Lady of Walsingham*



NEWSLETTER FOR 1st & 2nd SUNDAY OF LENT – YEAR A 22nd February & 1st March 2026



As we begin the penitential season of Holy Lent, we are encouraged to pray the collect for Ash Wednesday every day of the Lenten season -

‘ALMIGHTY and everlasting God, who hast nothing that thou hast made and dost forgive the sins of all those who are penitent: create and make in us new and contrite hearts, that we worthily lamenting our sins and acknowledging our wretchedness, may obtain of thee, the God of all mercy, perfect remission and forgiveness through Jesus Christ thy Son or Lord, who liveth and reigneth with thee, in the unity of the Holy Spirit, ever one god, world without end.’ Amen

Remember that thou art dust and unto dust shalt thou return.

Please pray for those who are sick or housebound, especially:

Agnes, Veronica M, Cenora D, Hugo A, Wendy & Eddie G, Fiona F, Katie E, Ann C, Jim C, Brian O'D, Mary L, Pierette, Clarita J, Cathy J, Esther M, Patrick F, Maria T, Tina B, Jeanita S, Vic & Esther, Rickardo O, Michael M, Victoria C, Ken R, Alfie L, Raul R, Rowey P.

Please pray for the repose of the souls of those whose anniversaries are at this time:

Mrs Dempsey, Margaret Kelly, Saviremutau Mariathas, Annie Antcliff, Lilian Howes, Catherine Kato, Thomas Maher, Mary Harlock, Doreen Fernandez, Michael McLoughlin, Paul Connor, Joseph Harris, Albert Shaves, Kathleen Mitchell, Eileen O'Hagan, Derek Driver, Sylvia Facey, Richard Tyner, Sarah Poole, Albert Maryson, William Lyle, Terence Goodson, Josephine Hurley, Angelo Manquin, Anita Naretti, Michael Frederick, E John-Baptiste, Doris Bartlett, Ruby Waters, Don Fitzgerald, Ernest Simpson, Maria Chute, Michael Agudu, Jane Sullivan.

Rest in Peace

The funeral Mass for Ellen Flindall is on Thursday 26 Feb at 12 noon.

Sr Maria Goretti O'Brien, Oblate of The Assumption, RIP

Her Funeral Mass will take place on **Friday 6 March 12.15pm** at The Assumption Priory, Victoria Park Sq., Bethnal Green E2 9PB – the burial is at St Patrick's Cemetery Leyton at 2pm. Refreshments afterwards at The Convent 20 Higham Station Avenue E4 9AZ. No flowers please.

Lent at Christ the King

Lent Course – Thursdays from 26 Feb for 5 weeks 7-8.30pm in the Hall Please sign up in the porch.

Stations of the Cross –Fridays at 7:30pm.

Evensong and Benediction – Sunday 1 Mar at 6pm.

Meditation on the Cross – Sunday 22 Mar at 6pm.

Evensong and Veneration of the Holy Cross – Sunday 29 Mar at 6pm.

For Fasting and Abstinence during Lent, refer to the parish website

www.chingfordctk.co.uk

Calendar for Lent for Children

Parents/grandparents, in the porch.

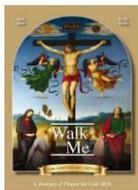
The Orphanage in Congo

The next coffee morning is on **Sunday 8 March** after the 9 and 11am Mass in the hall. Thank you for supporting the re-gifting sale you raised over £200! Well done!

Choir Practice

The **Choir sings at the 9am & 11am Masses**, rehearsing on Fridays in the Church at 6pm for both Masses. Now preparing for Holy Week and Easter. New members are always welcome. No previous experience needed.

Repository – *Our Little Holy Shop*



Religious cards and items are on sale. '*Walk with me*' booklets for Lent only £1.10 (cover price £1.50)! Pay by cash/card.

Food Hub in Highams Park

Please continue to bring in nonperishable food for those in need. Basket is in the porch. Thank you!

Ordinariate of Our Lady of Walsingham

Chrism Mass – 26 Mar at 11:30am

Walsingham Pilgrimage – 28 May

Ordinariate Festival – 13-15 Oct

Ampleforth Lourdes Pilgrimage

From 10 to 17 July – **places for Assisted Pilgrims** to stay in Lourdes with 24-hour medical support. Daily Mass, processions & other Liturgies, and time to socialise. **Speak to Ros or Sue** by the organ after Mass.

Pope's Prayer intention February

For children with incurable diseases. *Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.*

Please join your prayers with Holy Land Christians this Lent

Please unite with us in prayer, remembering the people who live in the birthplace of Christianity.

www.friendsoftheholylan.org.uk/pray

Awake London on 21 February

12.45-4.45pm – all welcome

Next one 18 April.

Work Experience

The SVP & CAFOD - free week of residential work experience for 20 young adults in England and Wales. [Application form](#)

Benedict XVI Annual Lecture

By Fr Aidan Nichols OP, on **Sat 7 March** at 1pm at Our Lady of the Assumption, Warwick St. W1B 5LZ.

Introduction to Altar Serving

Saturday 7 **March at 10.30am** in the Hall if you did not attend the first one

Caritas Networking Day 7 March

Our Lady of Lourdes Wanstead 1-5
www.caritasbrentwood.org/network

Religion, Theology & Climate Change Online Meeting 9 March

<https://sden-ndeg.eventbrite.co.uk/>

Easter Cards on Sale

On table in Porch for church flowers box at back of Church.

St John Bosco Children's Camp

Volunteer www.boscocamp.co.uk

Second Collections

1 March Lent Fast day (27 Feb)

15 March Parish Maintenance

Active Ageing Club and Welfare

Advice Service - Irish Community

Tottenham Hale www.biasbrent.co.uk

Diocesan Pilgrimages 2026

Walsingham: 23 May, Knock & Co.

Mayo: 15-20 June, Bradwell: 4 July

Lourdes: 17-24 July.

Volunteers Needed at the Parish

www.chingfordctk.co.uk/volunteers

Relationship difficulties

www.marriagecare.org.uk

Parish Finances

Please make a regular offering, and set-up a **Standing Order** via online banking yourself or contact the Parish Office on 020 8527 3087 for a form.

Payee: Christ the King Church

Sort code: 40-13-22

Account No: 71019120

You can now **Gift Aid your digital donations**. You will need to register on the contactless card device, even if you are already a Parish Gift Aider, but you only need to do this once.



You can also donate remotely by scanning the QR Code or using the following link:

<https://donate.myдона.com/christ-the-king-chingford>

Mass Times and Intentions

Sat 21st Feb	6pm (vigil)	People of the Parish
Sun 22nd Feb <i>1st Sunday of Lent</i>	9am 11am	Thanksgiving for Victor Emmanuel & family Joan, Susan and Ellen's Intentions
Tues 24th Feb	7:30pm	Fr Thomas Mason, St Osmund's and Ordinariate Mission in Darlington
Wed 25th Feb	12 noon	Requiem Mass for baby Eyleek Ajari Reid-Thompson
Thu 26th Feb	12 noon	Requiem Mass for Ellen Flindall
Fri 27th Feb <i>St Gregory of Narek</i>	9:30am 7.30pm	Mass – Arminian Church and people Stations of the Cross
Sat 28th Feb	6pm (vigil)	Sr Maria Goretti O'Brien RIP
Sun 1st Mar <i>2nd Sunday of Lent</i>	9am 11am	People of the Parish The health of baby Alice & congratulations to Jenny & James on their engagement
Tues 3rd Mar	7:30pm	Fr Jon Ravensdale, Ordinariate Mission in Harlow
Wed 4th Mar	10:30am	At Parkview, 212 Chingford Mount Rd E4
Thu 5th Mar	11:30am	Children in places of conflict
Fri 6th Mar	9:30am	Private Intention
Sat 7th Mar	6pm (vigil)	Jacinta's thanksgiving to the Immaculate Heart of Mary Osita Okapu's family Intentions
Sun 8th Mar <i>3rd Sunday of Lent</i>	9am 11am	John & Bridie Lynch RIP People of the Parish

Adoration Sunday 8:20-8:45am, 10:20-10:45am, Thursday after Mass.

Confessions Normally on Tuesday 7:00-7:25pm & Thursday 11:00-11:25am
or by appointment with Fr Timothy.

Rosary Thursday 11am.

Livestream Link [Christ the King Chingford](#) - YouTube.

Mass Readings can be found at <https://universalis.com/mass.htm>

Parish Priest Fr Timothy Ezat (<i>Ord</i>) 455 Chingford Road, E4 8SP Tel: 020 3795 8409 (Emergencies)	Convent Oblates of The Assumption 20 Higham Station Avenue E4 9AZ
Parish Office (Open Mondays and Thursdays 10am – 2pm) Tel: 020 8527 3087 Email: chingfordctk@brcdt.org	Parish Website www.chingfordctk.co.uk https://donate.myдона.com/christ-the-king-chingford