



Catholic Church of CHRIST THE KING

*a Parish in the Diocese of Brentwood in the Pastoral
Care of the Ordinariate of Our Lady of Walsingham*



NEWSLETTER FOR 3rd & 4th SUNDAY OF LENT – YEAR A 8th & 15th March 2026



The introduction to the Mass of Ash Wednesday highlights four disciplines for the season of Lent: self-examination and repentance, prayer, fasting and self-denial, and reading and meditating upon God's holy Word. It is essential that we accept Lent's invitation to make use of the spiritual disciplines offered by the Church, so as to prepare ourselves to enter afresh into our Lord's Passion in

readiness to receive the Resurrection.

'**ALMIGHTY** and everlasting God, who hatest nothing that thou hast made and dost forgive the sins of all those who are penitent: create and make in us new and contrite hearts, that we worthily lamenting our sins and acknowledging our wretchedness, may obtain of thee, the God of all mercy, perfect remission and forgiveness through Jesus Christ thy Son or Lord, who liveth and reigneth with thee, in the unity of the Holy Spirit, ever one god, world without end.' Amen.
Collect for Ash Wednesday DW

Please pray for those who are sick or housebound, especially:

Agnes, Veronica M, Cenora D, Hugo A, Wendy & Eddie G, Fiona F, Katie E, Ann C, Jim C, Brian O'D, Mary L, Pierette, Clarita J, Cathy J, Esther M, Patrick F, Maria T, Tina B, Jeanita S, Vic & Esther, Rickardo O, Michael M, Victoria C, Ken R, Alfie L, Raul R, Rowey P.

Please pray for the repose of the souls of those whose anniversaries are at

this time: Frances Dodd, David Steel, Bick Singh, Jessie Capelhorn, Aldo Ghisoni, Leonard Bullock, James Leo Gallagher, Susan Witchell, Edward Manson, Judy Wray, Martin Lacey, William Sweeney, Patrick Power, Patricia Pitts, Mary Witchell, Edwin Smith, Mary Hall, Sean Power, Alice Anthony, Tom Killian, Mary Mann, Ross Burns, Harry Weaver, Anthony Butcher, Margaret Duffy, Albert Streeter, Adelaide Grey, Elizabeth Williams, Christopher Okeya, Winifred Wilkie, Claudette Stephenson, Anne Brewer, John Canavan, Bridie Ward, Frederick Fallows, Josephine Roche, Donald Shearman, Frances Bartlett.

Lent at Christ the King

Lent Course – Thursdays at 7pm

Stations of the Cross – Wednesdays at 6pm & Fridays at 7:30pm.

Meditation on the Cross – Sunday 22 Mar at 6pm.

Evensong and Veneration of the Holy Cross – Sunday 29 Mar at 6pm.

HOLY WEEK AND EASTER

Palm Sunday 28/29 March

Blessing palms at weekend Masses - **11am Mass** starts in the Hall

Holy Thursday 2nd April – feet washing volunteers required please sign up in porch

Mass of the Lord's Supper 8pm followed by Stripping of the Altar and Watching until midnight.

Night Prayer at 11.55pm

Good Friday 3 April Liturgy of the Passion and Veneration of the Cross 3pm

Holy Saturday 4 April

The Litany of the Word 12 noon

Easter Vigil Mass 8.30pm

Easter Day Mass 9am and 11am

Your offerings on Easter Saturday and Easter Sunday form a major part of Fr Timothy's salary. Please Gift Aid your donations using an envelope or online with Ref: Easter.

Easter Weekend

A few people are preparing this Lent to either be received into the Catholic Church, Baptised or Confirmed.

Please keep them in your prayers.

Please join your prayers with Holy Land Christians this Lent

Please unite with us in prayer, remembering the people who live in the birthplace of Christianity.

www.friendsoftheholylan.org.uk/pray

The Orphanage in Congo

Coffee morning on **Sunday 8 March** after the 9 and 11am Mass in the hall.

Choir Preparing for Holy Week and Easter

Singing at 9am & 11am Masses, the Choir rehearses on Fridays at 6pm in the Church - new members welcome and no experience needed.

Congratulations to Maylo

On his baptism on Sunday 1 March during the 11am Mass.

Second Collections

15 March – Parish Maintenance

3 April – Holy Places

Repository – Our Little Holy Shop

Religious cards and items are on sale in the porch pay by cash or card.

Mothering Sunday 15th March on Laetare Sunday

We give thanks for Church our spiritual Mother, for Mary the Blessed Mother, and for our mother.

Mother's Day cards & Easter cards

On sale in the porch for Church flowers - box at back of Church. T.Y!

Relationship Difficulties

www.marriagecare.org.uk

Mass Readings can be found at
<https://universalis.com/mass.htm>

Food Hub at Highams Park

Sharon, the manager thanks you for your food donations – there is ongoing demand, your support is much appreciated - basket in porch.

Mass Intentions

Please fill in an envelope from the porch table to offer a Mass – cards can be purchased at the Repository.

Parish Office Normally Open

Thurs & Fri 10am-2pm NOT Mon

Gardeners Sat 21st March at CTK

Volunteers meet-up 10am-12 noon essential to bring your gloves, small hand tools e.g. secateurs, trowels etc.

Ampleforth Lourdes Pilgrimage

10-17 July Places for Assisted Pilgrims to stay in Lourdes with 24-hour medical support. Daily Mass, processions & other Liturgies, time to socialise. Speak to Ros or Sue after Mass near the organ.

Pope's Prayer intention for March **For disarmament and peace**

Let us pray that nations move toward effective disarmament, particularly nuclear disarmament, and that world leaders choose the path of dialogue and diplomacy instead of violence.

Ordinariate of Our Lady of

Walsingham

Chrism Mass – 26 Mar at 11:30am

Walsingham Pilgrimage – 28 May

Ordinariate Festival – 13-15 Oct

Diocesan Pilgrimages 2026

Walsingham: 23 May 2026

Knock & Co. Mayo: 15-20 June 2026

Bradwell: 4 July 2026

Lourdes: 17-24 July 2026

Religion, Theology and Climate **Change** Online Meeting 9 March

<https://sden-ndeg.eventbrite.co.uk/>

Parish Finances

Please make a regular offering and set up a **Standing Order** via online banking yourself or contact the Parish Office on 020 8527 3087 for a form.

Payee: Christ the King Church

Sort code: 40-13-22

Account No: 71019120

You can now **Gift Aid your digital donations**. You will need to register on the Contactless card device, even if you are already a Parish Gift Aider, but you only need to do this once.



You can also donate remotely by scanning this QR Code or using the following link:

<https://donate.myдона.com/christ-the-king-chingford>



Mass Times and Intentions

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| Sat 7th Mar | 6pm (vigil) | •Jacinta's thanksgiving to the Immaculate Heart of Mary •Osita Okapu's family Intentions |
| Sun 8th Mar <i>3rd Sunday of Lent</i> | 9am 11am | John & Bridie Lynch RIP People of the Parish |
| Tues 10th Mar | 7:30pm | Deacon Stephen O'Connor |
| Wed 11th Mar | 9:30am 6pm | Convent, for James & Bridget & family's Ints Stations of the Cross |
| Thu 12th Mar | 11:30am 7pm | Francis Curley's Intentions Lent course in the Parish Hall |
| Fri 13th Mar | 9:30am 7:30pm | Annie Ryan RIP Stations of the Cross |
| Sat 14th Mar | 6pm (vigil) | Maier family's Intentions |
| Sun 15th Mar <i>4th Sunday of Lent</i> <i>(Laetare)</i> | 9am 11am | People of the Parish Thanksgiving for the Ministry in this Parish |
| Tues 17th Mar | 12 noon 7.30pm | Requiem Mass for Patrick McInerney RIP Mass – Fr David Lashbrooke |
| Wed 18th Mar | 9:30am 6 pm | No Service Stations of the Cross |
| Thu 19th Mar | 11:30am 7pm | No Service Lent course in the Parish Hall |
| Fri 20th Mar | 9:30am 7:30pm | Mona Roddy's Intentions Stations of the Cross |
| Sat 21st Mar | 6pm (vigil) | Noel McDonagh RIP |
| Sun 22nd Mar <i>5th Sunday of Lent</i> <i>(Passion Sunday)</i> | 9am 11am | •Deceased family members Quantrell & Foley •Anne Fleet & Len Bullock RIP People of the Parish |

Adoration Sunday 8:20-8:45, 10:20-10:45, normally Thursday after Mass.

Confessions Normally Tuesday 7:00-7:25pm & Thursday 11:00-11:25am except for 17th & 19th March, or by appointment with Fr Timothy.

Rosary Thursday 11am.

Livestream Link [Christ the King Chingford](#) - YouTube.

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| <u>Parish Priest</u> Fr Timothy Ezat (<i>Ord</i>) 455 Chingford Road Tel: 020 3795 8409 (Emergencies) | <u>Convent</u> Oblates of The Assumption 20 Higham Station Avenue E4 |
| <u>Parish Office</u> (Open Thursdays and Fridays 10am – 2pm) Tel: 020 8527 3087 Email: chingfordctk@brcdt.org | <u>Parish Website</u> www.chingfordctk.org.uk https://donate.mydona.com/christ-the-king-chingford |
| <u>Safeguarding Officer:</u> Barbara Jeffery | safeguardctke488sp@gmail.com |