



# Catholic Church of CHRIST THE KING

*a Parish in the Diocese of Brentwood in the Pastoral  
Care of the Ordinariate of Our Lady of Walsingham*



## NEWSLETTER FOR 5<sup>th</sup> & 6<sup>th</sup> SUNDAYS OF LENT – YEAR A *PASSION SUNDAY & PALM SUNDAY* 22<sup>nd</sup> & 29<sup>th</sup> March 2026



Throughout Lent, we have prepared for the sacred time of Holy Week through prayer, fasting, meditation on Holy Scripture, and almsgiving. As we approach Christ's Passion, let us make every effort to attend the liturgies of this blessed week, especially **Maundy Thursday**, **Good Friday**, the **Easter Vigil** and Easter Sunday celebrations. As we draw near to this most sacred time, the following collect is a fitting preparation for entering more deeply into the Passion of our dear Lord.

‘Almighty God, whose most dear Son went not up to joy but first he suffered pain, and entered not into his glory before he was crucified: mercifully grant that we, walking the way of the Cross, may find it no other than the way of life and peace; through the same Jesus Christ thy Son our Lord, who liveth and reigneth with thee, in the unity of the Holy Spirit, ever one God, world without end.’ Amen

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**Please pray for those who are sick or housebound, especially:** Agnes, Veronica M, Cenora D, Hugo A, Wendy & Eddie G, Fiona F, Katie E, Ann C, Jim C, Brian O'D, Mary L, Pierette, Clarita J, Cathy J, Esther M, Patrick F, Maria T, Tina B, Jeanita S, Vic & Esther, Michael M, Victoria C, Ken R, Alfie L, Raul R, Rowey P.

**Please pray for the repose of the souls of those whose anniversaries are at this time:** Hannah Lynch, John Moraes, Philip Kidwan, Thomas Couser, Christopher McEnroe, Martin Cassidy, Mrs Watson, Ronald Hill, Anna Coltelli, Doris Sheerman, James Logue, Dennis Flindall, Simon Foley, Agnes Barrow, Mary Jusiak, Clementina McAlister, Mrs J Wildigger, William Hall, Chris Debieux, Rose Fenwick, Agnes Hileman, Bridget Doyle, Les Casford, Ross Wakefield, Alfred Verbruggen, Charles Maunsell, Caroline Burland, James Flynn, Christina Green, Mrs Grainer, Alfred Sampson, Harold Amps, Rite Slade, Dominic Maher, Christina Green, Vi Hagger, Jane Buckland, John Henderson.



## Holy Week

### **28/29 March Palm Sunday**

Palms will be blessed at all Masses (6pm, 9am, 11am).

11am Mass starts in the Hall.

6pm **Evensong and Veneration of the Holy Cross**

### **31 March Holy Tuesday**

7:30pm Mass

### **1 April Holy Wednesday**

9:30am Mass (Convent)

### **2 Apr Holy (Maundy) Thursday**

8pm **Mass of the Lord's Supper**

followed by Stripping of the Altar and Watching until midnight.

11.55pm **Night Prayer**

### **3 April Good Friday**

3pm **Liturgy and Veneration of the Cross**

Retiring collection to support pilgrimage sites in the Holy Land

### **4 April Holy Saturday**

12 noon **Liturgy of the Word**

8:30pm **Easter Vigil**

### **5 April Easter Sunday**

9am and 11am **Mass**

Your offerings on Holy Saturday and Easter Sunday form a major part of Fr Timothy's salary. Please Gift Aid your donations using an envelope or online with Ref: Easter.

### **Confession times in Holy Week**

**2 April Holy Thursday**

10-10:45 am & 7-7:35pm

**3 April Good Friday**

1:45-2:30pm

### **Pope's Prayer intention for March** **For disarmament and peace**

*Let us pray that nations move toward effective disarmament, particularly nuclear disarmament, and that world leaders choose the path of dialogue and diplomacy instead of violence.*

### **Lent at Christ the King**

**Lent Course** Thurs 26 Mar at 7pm  
**Stations of the Cross** – Weds 25 Mar

at 6pm & Friday 27 Mar at 7:30pm

**Meditation on the Cross** – Sunday  
22 March at 6pm.

**Chrism Mass** - Thursday 26 Mar at  
11.30am Our Lady of the Assumption  
Warwick Street.

### **Maundy Thurs Washing of the Feet**

Please sign up in porch arrive by  
7.40pm (latest).

### **Clocks Go Forward**

At 1.00am Sunday 29 March

### **Please join your prayers with Holy Land Christians this Lent**

Please unite in prayer, remembering  
the people who live in the  
birthplace of Christianity.

[www.friendsoftheholylan.org.uk/pray](http://www.friendsoftheholylan.org.uk/pray)

**Easter Cards on Sale** On table in  
porch for church flowers, box at  
back of Church.

### **Easter Weekend**

A few people are preparing this Lent  
to either be received into the Catholic  
Church, Baptised or Confirmed.  
Please keep them in your prayers.

### The Orphanage in Congo

The next coffee morning is on **Sunday 12 April** after the 9 and 11am Mass in the hall.

### The Parish Office is normally open on Thurs & Fridays 10am-2pm

### Choir Sings at 9 and 11am Masses

Rehearses on Fridays at 6pm for both Masses. New members are welcome no previous experience needed.

### Awake London

18 April 12.45-4.45pm – all welcome.

### Ordinariate of Our Lady of Walsingham

Walsingham Pilgrimage – 28 May  
Ordinariate Festival – 13-15 Oct

### Diocesan Pilgrimages 2026

Walsingham: 23 May 2026  
Knock & Co. Mayo: 15-20 June 2026  
Bradwell: 4 July 2026  
Lourdes: 17-24 July 2026

### Food Hub in Highams Park

Please continue to bring in nonperishable food for those in need. Basket is in the porch. Thank you!

### Mass Intentions

To offer a Mass please fill in an envelope from the porch – cards can be purchased at the Repository.

Mass Readings can be found at <https://universalis.com/mass.htm>

Relationship Difficulties  
[www.marriagecare.org.uk](http://www.marriagecare.org.uk)

### Renew Car Park Permits

Please contact the Parish Office.

### Repository Our Little Holy Shop

Religious cards and small items on sale pay by cash or card.

### Gift Aid Envelopes 2026/27

Collect your box of envelopes from the porch please. To join the Scheme, download a Gift Aid Declaration form.

[www.chingfordctk.co.uk/forms/](http://www.chingfordctk.co.uk/forms/)

### Parish Finances

Please make a regular offering, by setting up a **Standing Order** via your online banking or contact the Parish Office on 020 8527 3087 for a form.

**Payee: Christ the King Church**

**Sort code: 40-13-22**

**Account No: 71019120**

You can now **Gift Aid your digital donations.**

*giftaid it*

You will need to register on

the Contactless card device, even if you are already a Parish Gift Aider, but you only need to do this once.



You can also donate remotely by scanning the QR Code or using the following link:

<https://donate.myдона.com/christ-the-king-chingford>

## Mass Times and Intentions

<b>Sat 21<sup>st</sup> Mar</b>	6pm (vigil)	Noel McDonagh RIP
<b>Sun 22<sup>nd</sup> Mar</b> <i>5<sup>th</sup> Sunday of Lent (Passion Sunday)</i>	9am 11am	Deceased family members Quantrell & Foley Anne Fleet & Len Bullock RIP People of the Parish – Starts in Hall
<b>Tues 24<sup>th</sup> Mar</b> <i>Annunciation (Vigil)</i>	7:30pm	The Bishop David and Ordinariate of Our Lady of Walsingham
<b>Wed 25<sup>th</sup> Mar</b> <i>The Annunciation</i>	9:30am 6pm	At Christ the King - Raymond Dempsey RIP Stations of the Cross
<b>Thu 26<sup>th</sup> Mar</b>	11:30am	Chrism Mass at <b>Warwick Street</b>
	7pm	Lent course (last one) in the hall
<b>Fri 27<sup>th</sup> Mar</b>	9:30am	The faithful departed in the parish
	7:30pm	Stations of the Cross
<b>Sat 28<sup>th</sup> Mar</b>	6pm (vigil)	Catherine RIP
<b>Sun 29<sup>th</sup> Mar</b> <i>Palm Sunday</i>	9am	John Salamonowicz RIP
	11am	People of the Parish
<b>Tues 31<sup>st</sup> Mar</b> <i>Holy Tuesday</i>	7:30pm	Fr Christopher Pearson & Most Precious Blood
<b>Wed 1<sup>st</sup> Apr</b> <i>Holy Wednesday</i>	9:30am	At the Convent - Fr Niall Harrington and Our Lady & St Geroge
<b>Thu 2<sup>nd</sup> Apr</b> <i>Holy Thursday</i>	8pm	The People of the Parish
<b>Fri 3<sup>rd</sup> Apr</b> <i>Good Friday</i>	3pm	Celebration of Our Lord's Passion
<b>Sat 4<sup>th</sup> Apr</b> <i>Holy Saturday</i>	12 noon	Liturgy of the Word
	8:30pm	Easter Vigil Osita's family Intentions
<b>Sun 5<sup>th</sup> Apr</b> <i>Easter Sunday</i>	9am	People of the Parish
	11am	For Peace in the Holy Land and wider region

**Adoration** Sunday 8:20-8:45, 10:20-10:45, Thursday after Mass.

**Confessions** Normally Tuesday 7:00-7:25pm & Thursday 11:00-11:25am or by appointment with Fr Timothy. See Holy Week section for other times.

**Rosary** Thursday 11am.

**Livestream Link** [Christ the King Chingford](#) - YouTube.

<b>Parish Priest</b> Fr Timothy Ezat ( <i>Ord</i> ) 455 Chingford Road, E4 8SP Tel: 020 3795 8409 (Emergencies)	<b>Convent</b> <b>Oblates of The Assumption</b> 20 Higham Station Avenue, E4 9AZ
<b>Parish Office</b> Open Thurs & Fri 10am– 2pm <b>Parish Administrator</b> Debra Oakaby T: 020 8527 3087 E: <a href="mailto:chingfordctk@brcdt.org">chingfordctk@brcdt.org</a> W: <a href="http://www.chingfordctk.co.uk">www.chingfordctk.co.uk</a>	<b>Donate Online</b> <a href="https://donate.mydona.com/christ-the-king-chingford">https://donate.mydona.com/christ-the-king-chingford</a>
<b>Safeguarding Officer</b> Barbera Jeffery	<a href="mailto:safeguardctke488sp@gmail.com">safeguardctke488sp@gmail.com</a>